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## **TOURISTS' PERCEPTION OF THE BENEFITS OF PARKS AND THE IMPORTANCE OF GREEN SPACES MANAGEMENT**

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**Abstract:** This paper aims to analyze the perception of visitors (tourists) about the benefits and importance of parks in Timisoara. Parks are extremely important for both physical and mental health, being considered more than simple green spaces, they are extremely important for recreation, sports, biodiversity conservation and improving the quality of life. In addition to their beauty, the plant species, trees and shrubs existing in parks in large cities play an essential role in absorbing carbon dioxide and cooling the air, which is why it is important to expand green spaces, being beneficial both for people's health and for combating climate change.

### • **Introduction**

In the specialized literature, there are numerous studies about parks in Romania that clarify certain aspects about the understanding of biological diversity, ecological management and the impact of tourism on them.

### • **Material and method**

To carry out this study, we applied an online questionnaire, which included 12 questions about the opportunities offered by them.

### • **Results and discussions**

From the analysis of the answers given, it was observed that over 90% of the respondents had visited at least one park in the city of Timisoara. When asked "How important do you consider the protection of the environment and nature in parks" the majority of respondents considered it very important.

### • **Conclusions**

Park management is extremely important, creating more parks and improving existing ones offers tourists and locals long-term benefits, ensuring a balanced and healthy lifestyle.

